

NAME \_\_\_\_\_

**\*\*\* PLEASE BRING ON TESTING DAY \*\*\***

TEACHER \_\_\_\_\_

**THIRD GRADE KNOWLEDGE-A-THON (2015)**

1. What is the title of the official who governs our country? ***President***
2. How many states are there in the United States of America? ***50***
3. Tell what the fifty stars on the flag of the United States of America stand for. ***Each star represents one of the states in the union.***
4. What bird is a symbol of the United States? ***Bald Eagle***
5. What is the title of the official who governs our state? ***Governor***
6. What type of government does our country have? ***Democracy***
7. What is the title of the official who heads our Cape Girardeau city government? ***Mayor***
8. What are the 3 branches of government? ***Judicial, Executive, Legislative***
9. Name three types of communities. ***Rural, suburban and urban***
10. On which continent do we live? ***North America***
11. Name the four biggest oceans. ***Atlantic, Pacific, Indian, Arctic***
12. What river flows through our community? ***The Mississippi River***
13. Name the capitol of Missouri ***Jefferson City***
14. What does a key/legend show on a map? ***What the symbols mean.***
15. What is a nomad? ***A person who has no set home and travels to find food.***
16. What region of Missouri do we live in? ***Southeast Region***
17. What word do we use to tell about animals blending in with their surroundings? ***Camouflage***
18. What are three kinds of matter? ***Solid, liquid, gas***

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| 19. What is the measuring unit called that everyone agrees to use?       | <b><i>Standard measurement</i></b>  |
| 20. What is an approximation or educated guess called?                   | <b><i>An estimation</i></b>   |
| 21. What tools do we use when measuring mass?                            | <b><i>Balance scale</i></b>   |
| 22. What causes day and night?   | <b><i>Earth's rotation about its own axis in relation to the sun.</i></b> |
| 23. What tool do we use when measuring temperature?                      | <b><i>Thermometer</i></b>   |
| 24. What are the five main parts of a plant?                             | <b><i>Flower, seeds, stem, leaves, roots</i></b>                          |
| 25. How does a liquid change to a gas?                                   | <b><i>Add heat</i></b>  |
| 26. How does a liquid change to a solid?                                 | <b><i>Remove heat</i></b>   |
| 27. What is erosion?   | <b><i>Moving of rocks and soil</i></b>                                    |
| 28. Where do plants get energy to make food?                             | <b><i>From the sun</i></b>  |
| 29. What do you call the system where pollen is distributed to a flower? | <b><i>Pollination</i></b>   |
| 30. What is most important in the process of germination?                | <b><i>Water</i></b>   |
| 31. What is the movement of water through a plant called?                | <b><i>Transpiration</i></b>   |
| 32. In what part of the plant are seeds found?                           | <b><i>Fruit</i></b>   |
| 33. What is the term for the start of a seed's growth?                   | <b><i>Germination</i></b>   |
| 34. Something an animal does is called a _____.                          | <b><i>Behavior</i></b>  |
| 35. How many seconds are in a minute?                                    | <b><i>60</i></b>  |
| 36. How many minutes are in an hour?                                     | <b><i>60</i></b>  |
| 37. How many hours are in one day?                                       | <b><i>24</i></b>  |

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|---|--|
| 38. How many days are in a year?                                    | <b>365 / 366 leap year</b>   |
| 39. What is the answer in an addition problem called?               | <b>Sum</b>   |
| 40. What is the answer in a multiplication problem called?          | <b>Product</b>   |
| 41. What is the answer in a subtraction problem called?             | <b>Difference</b>  |
| 42. What is the answer in a division problem called?                | <b>Quotient</b>  |
| 43. How many years are in a century?                                | <b>100</b>   |
| 44. How many years are in a decade?                                 | <b>10</b>  |
| 45. How many feet are in one yard?                                  | <b>3</b>   |
| 46. How many inches are in one foot?                                | <b>12</b>  |
| 47. How many quarts are in one gallon?                              | <b>4</b>   |
| 48. What do we call words that are opposites, such as hot and cold? | <b>Antonyms</b>  |
| 49. Name four types of sentences.                                   | <b>Statement, question, exclamation, command</b>   |
| 50. What is a word that names a person, place or thing?             | <b>Noun</b>  |
| 51. What is a verb?   | <b>An action word</b>  |
| 52. Where is the index of a book found?                             | <b>In the back of the book</b>   |
| 53. What is a glossary and where is it found?                       | <b>A list of words and their meanings found at the back of some books</b>                                  |
| 54. What is a table of contents and where is it found?              | <b>A list of the units, chapters and selections in a book. It is found at the beginning of most books.</b> |
| 55. What is a book called based upon a person's life?               | <b>Biography</b>   |

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56. What do you call this note  in music and how many beats does it usually get? **Half note – 2 beats**
57. What type of rest is this?  **Half rest**
58. In music, what does the word tempo mean? ***Speed of the music***
59. What do you call a color with white added to it? ***A tint***
60. What is a portrait? ***A painting or photo of a person - usually showing the face***
61. What do you call a color with black added to it? ***A shade***
62. What muscle inside your body never rests? ***Heart***
63. What will develop if you raise your heart rate through exercise? ***Endurance***
64. What are the three components of health-related fitness? ***Strength, flexibility, and cardiovascular endurance***
65. When you check your pulse rate, what does it tell you? ***Your heart rate***
66. What do you call your heart rate before you exercise? ***Your resting heart rate***
67. When exercising, what is the heart rate you want to work toward? ***Your target heart rate***
68. What does it tell you if your heart rate returns to normal very quickly after you exercise? ***You are physically fit***
69. How many times per week do doctors recommend that you exercise? ***Three or more***

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| 70. What is the most popular form of exercise in the United States?                   | <b><i>Walking</i></b>  |
| 71. What is balance?  | <b><i>The ability to hold a position</i></b>                             |
| 72. What do you call the range of movement in a muscle or joint?                      | <b><i>Flexibility</i></b>  |
| 73. How can you improve flexibility?  | <b><i>Do stretching exercises</i></b>                                    |
| 74. What is aerobic exercise?   | <b><i>Elevate respiration &amp; heart rate</i></b>                       |
| 75. What is the best thing to drink during times of physical activity?                | <b><i>Water</i></b>  |
| 76. What part of your body should you wash often so that you won't pass on illnesses? | <b><i>Your hands</i></b>   |
| 77. How does your body cool itself down?  | <b><i>By sweating</i></b>  |
| 78. Why should you cover your mouth when you cough or sneeze?                         | <b><i>So you won't pass on any illnesses to others</i></b>               |
| 79. What is a good way to relieve stress?   | <b><i>Exercise</i></b>   |
| 80. Name three ways to keep bones and muscles strong.                                 | <b><i>Exercise, eat foods with nutrients, get enough sleep</i></b>       |
| 81. What two habits help prevent tooth decay?   | <b><i>Flossing and brushing</i></b>                                      |
| 82. What is sportsmanship?  | <b><i>Treating your team members and the other team with respect</i></b> |
| 83. What is cooperation?  | <b><i>Working together</i></b>   |
| 84. What is a good thing to do when you accidentally hurt someone during an activity? | <b><i>Apologize and make sure they are okay</i></b>                      |
| 85. What will improve your skills?  | <b><i>Practice, practice, practice</i></b>                               |
| 86. What fluid is most important to drink every day?                                  | <b><i>Water</i></b>  |

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**THIRD GRADE KNOWLEDGE-A-THON (2015)**

87. What is the most important meal of the day? ***Breakfast***
88. What should you wear while biking, skating, or skiing? ***A helmet***
89. How can you protect your skin from sun damage? ***Put on sunscreen or cover it up with clothes***
90. How can you protect your head from the sun? ***Wear a hat***
91. What type of cancer might develop if you get too much sun? ***Skin cancer***
92. What type of cancer might cigarette smoking cause? ***Lung cancer***
93. What should you do before you leave the bathroom? ***Wash your hands with soap***
94. What should you say if a friend asks you to taste a medicine? ***No thank you***
95. Name three steps to stop a bully. ***1. Say "stop".  
2. Think  
3. Report***
96. What is the Golden Rule? ***Treat everyone with respect***
97. What do you need sometimes to stand up for what is right? ***Courage***
98. Before you speak, you better think. What does T.H.I.N.K. stand for? ***Truthful, Helpful, Inspiring, Necessary, Kind***
99. Sometimes to be safe, you might need to tell a police officer where you live. What is your address? \_\_\_\_\_
100. What is your phone number? \_\_\_\_\_

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**THIRD GRADE KNOWLEDGE-A-THON (2015)**

**Bonus Questions**

1. What may happen if you don't drink enough water? ***You may become dehydrated***
  2. How many hours of sleep does a third-grader need? ***10 to 12 hours***
  3. What is the state of being physically sound or healthy called? ***Fitness***
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You can learn these facts.  
We believe in you.  
Believe in yourself. You are really smart and special!